

SEED·SPOT

VIRTUAL TEAM RETREAT RESOURCES



SEED-SPOT

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Time	Agenda	Time	Lead
8:30 - 9 AM PDT	Lunch Time for EDT Coffee Time for PDT Chill, take a walk, read, relax, come on fresh!	1 hr	
9 - 9:15 AM PDT	Warm Up Activity	15 mins	
9:15 - 10:15 AM PDT	State of the SEED SPOT	1 hr	CEO
10:15 - 11 AM PDT	Looking Ahead Department Priorities for FY21	45 mins	Department Managers
11:00 - 11:30 PM PDT	Chair Based Workout	30 min	Justin

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